



Valley-Wide
Health Systems, Inc.

2025

VALLEY-WIDE HEALTH SYSTEMS

COMMUNITY IMPACT REPORT

Providing Medical, Dental, Behavioral Health, Physical Therapy, Crisis,
Pharmacy, and Enabling Services.

valley-widehealth.org





Dear Friends, Patients, Partners, and Supporters,

As I reflect on the past year, I am filled with gratitude for the extraordinary people who make Valley-Wide Health Systems what it is today. Every day, our employees, providers, community partners, and Board of Directors demonstrate an unwavering commitment to improving the health and well-being of the individuals and families who call rural Southern Colorado home.

For nearly 50 years, Valley-Wide Health Systems has remained steadfast in its mission to provide high-quality, safe, effective, and integrated healthcare services with special consideration for medically underserved populations. While healthcare continues to face unprecedented challenges, from workforce shortages and financial pressures to changing regulations and increasing community needs, our commitment to those we serve has never wavered. Our mission and values continue to guide every decision we make as we strive to ensure that quality healthcare remains accessible throughout our rural communities.

Behind every statistic presented in this report is a story, a child receiving preventive care, a family finding hope through behavioral health services, a senior managing chronic illness closer to home, or a patient overcoming transportation barriers to receive life-changing care. These stories remind us that our work is about much more than healthcare; it is about strengthening communities, improving lives, and creating healthier futures for generations to come.

As we look ahead, we remain focused on the priorities outlined in our strategic plan: investing in our people, enhancing the care experience for our patients, and ensuring the long-term sustainability of Valley-Wide Health Systems. Through innovation, collaboration, and responsible stewardship, we will continue building an organization that is prepared to meet the evolving healthcare needs of rural Colorado while remaining true to the values that have defined us since 1976.

To our patients, thank you for trusting us with your care. To our employees and providers, thank you for your compassion, resilience, and dedication. To our community partners, donors, and supporters, thank you for believing in our mission and helping us expand access to care where it is needed most.

Together, we are not only improving health, we are strengthening the communities we proudly serve.

With sincere gratitude,

Jania Arnoldi, DHA, MBA
President & Chief Executive Officer





QUALITY

Out of **4,888 patients** between the ages of 18 and 85, **70.5% (3,445 individuals)** successfully achieved control over their blood pressure.

Out of **23,341 patients** aged 18 and older who completed a visit, **89% (20,769 individuals)** were screened for BMI and had an appropriate follow-up plan documented if their results fell outside the normal range.

VALLEY-WIDE RIDE

6,649 FREE rides
59,306 miles traveled

Provided by Valley-Wide Ride to community members for health and wellness purposes.

EMPLOYEES

Employed **678** staff throughout 2025. Paid **\$33,025,396.59** in salaries and **\$6,436,247.90** in employee benefits. Benefits include things like insurance contributions, retirement match, and disability & life insurance.

OUTREACH

19

Events Attended

75

Flu Vaccinations Given

117

Screenings Provided

LEARNERS

24 dental students, **26** medical students, **1** behavioral health intern, **1** physical therapy student and **6** pharmacy interns.

COMMUNITY TRAININGS

92

Individuals, including community members and staff, completed Mental Health First Aid (MHFA) training and/or Changing Our Mental and Emotional Trajectory (COMET) training.

PEER SERVICES

1,400

Client Visits

PHARMACY

55,314

Prescriptions filled

Valley-Wide is a non-profit, Federally Qualified Health Center (FQHC) providing primary and preventive care at 34 service sites strategically located throughout 14 rural counties covering over 31,000 square land miles.



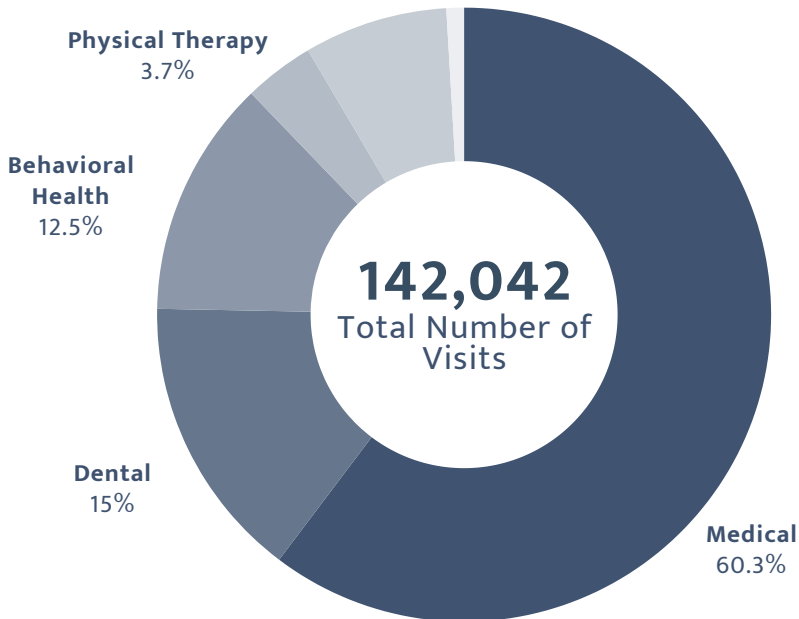
Community
IMPACT

Valley-Wide Health Systems is committed to providing high-quality, safe, effective, and integrated health care services in a respectful and inclusive manner for all with special consideration for medically underserved populations.

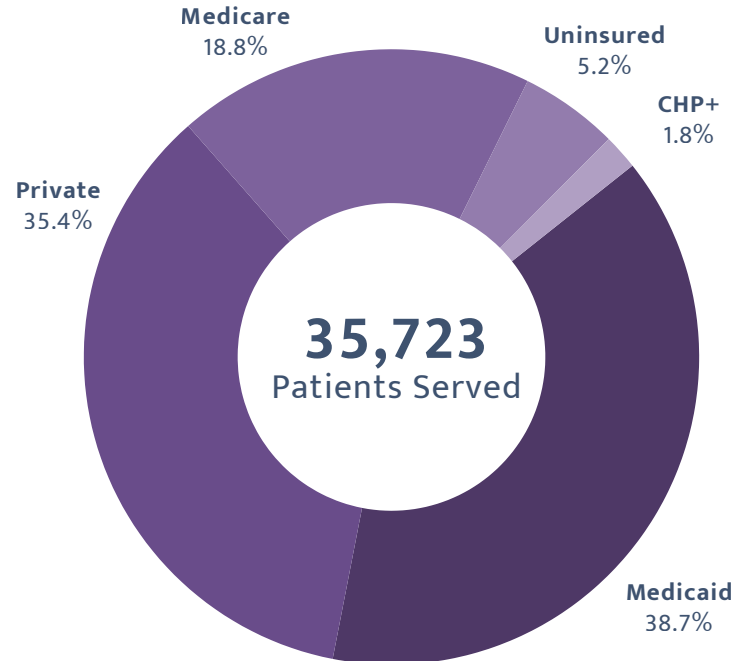
SERVICES

Enabling Services
7.6%

Substance Use Disorders
0.9%



PATIENT BREAKDOWN



EXECUTIVE LEADERSHIP

Jania Arnoldi, DHA, MBA
President/Chief Executive Officer

Larry Helms, CHCIO
Chief Information Officer

Javier Martinez
Chief Financial Officer

Stacey Robben, DDS
Chief Dental Officer

Laura DiPrince, MS, LPC, NCC, ADS
Chief Behavioral Health Officer

Kristina Daniel, LPC, LAC, ADS, MBA
Chief Operating Officer

GENDER
Male: 16,574
Female: 19,209

ETHNICITY
Hispanic: 16,339
Non-Hispanic: 17,656
Not reported: 1,728

AGE
0-16: 7,590
17-64: 20,227
65+: 1,966

Nick Sarmiento, ESQ.
Chief Administrative Officer/Legal Counsel

Regana Davis, MBA, SPHR, SHRM-SCP
Chief Human Resources Officer

Emelin Martinez, FNP-BC, MSN
Chief Human Medical Officer

BOARD OF DIRECTORS

Jeremy Silva, Chair
Celina Espinoza, Vice Chair
Michelle Velasquez, Secretary
Trevor La Cost, Treasurer
Matthew Martinez, Member

Jake Rissler, Member
Alondra Maldonado, Member
Michelle Ferrera, Member
Raul Ramos, Member
Linda L DeHerrera, Member

DONATE

Join us in our mission to continue and expand access to high-quality healthcare services for those who need it most, and consider donating today!

SCAN ME



Patient & Client
DEMOGRAPHICS